



Welsh Judo Association
Cymdeithas Judo Cymru

COVID-19 Risk Assessment Form

Honto Judo

Facility/club/coach name:	Honto Judo	Date: Risk assessment to be reviewed for each session	23/8/21
Facility/club address:	Citizens Community Hall Heath Park, 183 King George V Dr East, Cardiff CF14 4EP	Location:	Cardiff
Person(s) carrying out assessment	Name(s) Mark Griffiths	Position(s) Chairman/Head Coach	
Person(s) carrying out approval (maybe head coach or Covid officer)	Steve Martin	Coach/Covid Safety Officer	
	Rob Sennett	Treasurer/Coach	

Potential Hazard(s)	Consequences	Who is at risk	Evaluation of risk L=Low, M=Medium, H=High Risk matrix below			Control measure Control measures may be different in each club, please add/delete as necessary.	Action by (who?)	Action by (when?)	Done (✓)
			Likelihood	Severity	Overall				
Before Session and Session Planning									
Registration/Tracking Attendance Issues	Transmission risk of Covid-19	Coaches Players	1	1	1	<p>Make the NHS QR code for checking-into the venue available and promote it's use to participants and spectators.</p> <p>Ensure that any personal information (data) gathered is held/stored in line with General Data Protection Regulation (GDPR) guidelines.</p> <p>Encourage cashless payment methods where possible, register and pay through Club Spond app</p> <p>A valid, up to date judo licence from governing body required</p>	MG	23/8/21	✓
Individuals arriving when they have Covid-19 symptoms or have been in contact with Covid-19	Transmission risk of Covid-19	Coaches Players	1	3	3	<p>Signage to remind individuals not to attend if they Covid-19 symptoms. If they are unvaccinated then they should isolate if they have been in close contact.</p> <p>Coaches are encouraged to take advantage of free lateral flow testing available from government. Testing twice per week is advisable.</p>	MG	23/8/21	✓
Overcrowding of venue or training area based on ventilation and social distancing rules	Transmission risk of Covid-19	Coaches Players	1	2	2	<p>Procedures put in place and communicated clearly outlining maximum number of people allowed in venue and training area</p> <p>No Spectators allowed in the dojo</p>	MG	23/8/21	✓
Crossover between training groups arriving and leaving venues Crossover of participants and spectators/parents etc. between separate sessions	Transmission risk of Covid-19	Coaches Players Spectators	2	2	4	<p>Ensure all areas are in and around venue allow for recommended social distancing (includes carparks) to be maintained</p> <p>Time may be allocated to leave enough time between sessions to avoid crossover contact and contamination between different groups</p>	MG	23/8/21	✓

Lack of handwashing facilities or anti-bacterial (60% alcohol) at venue/club	Transmission risk of Covid-19	Coaches Players	1	3	3	Handwashing and/or anti-bacterial (60% alcohol) hand sanitiser made available on arrival, during and post session – replaced when needed	MG	23/8/21	✓
Appropriate or sufficient cleaning of high touch areas or equipment	Transmission risk of Covid-19	Coaches Players	2	2	4	Identify all high touch surfaces – e.g door knobs, hand rails, light switches, taps, toilets Remove all high touch surfaces that can be reasonably be removed – e.g. vending machines, water coolers, chairs in reception area Ensure regular cleaning and disinfecting regime of high touch surfaces that cannot be removed Place hand sanitisers close to high touch surfaces	MG	23/8/21	✓
Outdoor training in new area or changeable areas	Transmission risk of Covid-19	Coaches Players	1	1	1	A decision will be made by organiser if weather conditions are prohibitive to the safety of the participants or the structure of the equipment. Inspect area and clear of any potential hazards	MG	23/8/21	✓
Face masks not being worn when off the mat area (training mat) by participants or spectators Face masks not used to protect coaching staff	Transmission risk of Covid-19	Coaches Players	2	2	4	Adequate signage for participants to follow government restrictions on mask wearing Participants instructed on mask use whilst not participating	MG	23/8/21	✓
First Aid provision from coaches breaking social distancing	Transmission risk of Covid-19	Coaches Players	3	2	6	First aiders provided with adequate PPE, mask & gloves Records maintained for NHS Wales Track & Trace of contact.	MG	23/8/21	✓

During Session and Session Delivery

Providing adequate space for participants	Transmission risk of Covid-19	Coaches Players	1	3	3	Training area must be able to provide enough space for participants to socially distance when not engaged in the activity Control the student numbers using the Spond booking system	MG	23/8/21	✓
---	-------------------------------	-------------------	---	---	---	---	----	---------	---

Parents & Spectators being close to the field of play (or tatami)	Transmission risk of Covid-19	Coaches Players Spectators	1	1	1	No spectators in the dojo	MG	23/8/21	✓
Contamination of personal belongings, Judo suit, training equipment etc.	Transmission risk of Covid-19	Coaches Players	2	3	6	<p>Clothing, footwear, training bags, water bottles (labelled), training equipment etc. must be cleaned following government guidelines as necessary, before during and after session – encourage individuals to bring own and Avoid sharing of equipment – dependent of phase of return</p> <p>Avoid bringing unnecessary belongings to the venue/practice area</p> <p>Clearly marked designated areas for personal belongings</p> <p>Participants to take own tissues to session for wiping sweat, blood etc.</p>	MG	23/8/21	✓
Contamination of judo tatami mat.			2	3	6				
Transmission of virus through session equipment	Transmission risk of Covid-19	Coaches Players	2	2	4	<p>Ensure that mats/tatami (if used) are laid by designated staff/volunteers who are aware of safe manual handling, kinetic lifting techniques and who wear recommended PPE, disposed of in a provided pedal bin.</p> <p>Ensure mats/tatami (if used) are thoroughly cleaned prior to starting the session with Government recommended products, allowing for enough time for the mats to completely dry</p> <p>Carry out an inspection to ensure the mats/tatami (if used) are completely dry and there are no gaps or signs of damage.</p> <p>Ensure that all other equipment used (e.g. uchikomi bands, cones etc.) are thoroughly cleaned prior to starting the coached session with Government recommended products, allowing for enough time for the equipment to completely dry.</p>	MG	23/8/21	✓
Coaches need to demonstrate techniques using another person to throw, hold someone down etc.	Transmission risk of Covid-19	Coaches Players	2	2	4	<p>Coach to consider the use of visual aids to demonstrate where necessary – e.g. video</p> <p>Coach to consider wearing mask during demo</p>	MG	23/8/21	✓

Risk Matrix

The columns following the risk data indicate where additional controls may be required or where special attention should be given. the columns of the risk rating sections are headed Likelihood, Severity.

- > L is for "likelihood" and is given in the first column.
- > S is for "severity" and is indicated in the second column.
- > O is for "Overall Risk Rating" and is indicated in the third column.

Likelihood x Severity = Risk

The control measures, indicated within the assessment, are reasonably practicable to control the risks identified based on the protocol.

The findings of the risk assessment shall be communicated to those who may be exposed, or otherwise come into contact with the hazards and risks identified.

Club Managements must ensure that the control measures are implemented and managed.

An ongoing review of the assessment should take place for every session and amended if the guidance from the Welsh Judo or Welsh Government departments is updated and suggests that the last control measures suggested are no longer sufficient to control risks, or are inappropriate, or if additional hazards are identified. A process of continuous assessment and re-assessment should be undertaken to ensure appropriate risk controls in accordance with all Welsh Government & Welsh Judo protocols.

	SEVERITY			
		1	2	3
LIKELIHOOD	1	1	2	3
	2	2	4	6
	3	3	6	9